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Features

Pitches for (Safe) Winter Adventures
By Reneé Sklarew

Like so much of the pandemic lifestyle, this winter will be new terrain. What are some activities that we can enjoy safely during the chilly months of January and February.

The Kitchen —Where to Begin the Remodeling Process?
By Syntha Harris Interiors

The ‘Kitchen Series’ is designed to help you start the process and enable better research when contemplating your renovation project. This is the second part of our Series, which as a whole, covers the necessary steps to take when approaching a kitchen remodeling project.

Top 10 Most Expensive Homes Sold in Northern Virginia

You have new neighbors! See the Top 10 most expensive homes sold in Northern Virginia this year.

The Tents of Tysons’ Cool New Culinary Scene
By Allison Chase Sutherland

Long-loved local restauranteurs are doing everything conceivable to respect social distancing guidelines and safety protocols so that they can continue to welcome guests and allow them to feel confident about dining – especially outdoors. Their creativity has been unleashed. Their imaginations are on fire.
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Like so much of the pandemic lifestyle, this winter will be new terrain. What are some activities that we can enjoy safely during the chilly months of January and February.

**Clean your house while listening to a podcast**

The best thing about listening to a podcast is that you can multi-task while learning. Put your headphones in and learn something about history, politics, travel, or whatever interests you. Here are some tried and true podcasts to make cleaning, walking or any chore an enlightening activity.

**Pod Save America** – If you’re a left leaning, culture-loving political junkie, Pod Save America is a must. The witty ex-Obama Administration hosts give their worldly spin on the issues of the day, offering an insider’s view of the political landscape.

**The Rational Republican** – If you’re looking for talking points for your next political debate, take a listen to James Ball who focuses on individual liberty and conservative principles, without sowing vitriol and division.

**Explore the World with Matt Long**—Travel will always provide an escape from the mundane, and no time is armchair travel more soothing than right now. DC Area commentator Matt Long talks to expert travelers about their hometowns, their exotic expeditions, and offers strategies for planning your next big adventure.

**Pop Culture Happy Hour**—Want to stay up-to-date with the latest music, television, and movies? This NPR podcast featuring four plugged-in hosts offers a break from the bad news of the world and illuminates binge-worthy cultural experiences with insightful commentary and interesting guests.

**You Should Watch Comedy**

Emergency! We need to talk less and smile more these days. The prescription? Watch comedy shows. Here’s a family friendly list of comedians to watch at home.

“Trevor Noah’s Son of Patricia” which tackles the unique experience of growing up multi-racial in South Africa and learning to live in this mixed-up country we call America.

In “Tiffany Hadish Presents,” comedian Tiffany Hadish introduces six hand-picked comedians to share her stage and their special brand of funny.

“Amy Schumer Live at the Apollo” showcases this wickedly funny and bold female humor that is both self-deprecating while illuminating the contradictions within gender roles.

“Patriot Act with Hasan Minhaj” offers a series of irreverent observations from comedian Hasan Minhaj covering various topics.
from global news, politics and culture like Why Doing Taxes is So Hard. Or check out his standup show “Homecoming King.”

**Become a Better Cook**

If this pandemic has offered us nothing, we have all had to learn a thing or two about cooking. Some of us focused our energies on the benefits of baking, while others mastered new recipes and expanded their cooking repertoire. Here are some sources that will keep you excited about dinner even after the vaccine arrives.

**Piquant Post**—This monthly spice subscription service includes four international seasonings sent to your home every month with corresponding recipes. Take a trip to Laos, India, Japan or Brazil by creating your own signature recipes.

**Mix Box by Homemade Bakers**—Get ready to make irresistible s’mores brownies and caramel poke cake with the help of this monthly baking kit. The homey options are inspired by the season with video tutorials for all baking levels.

**Eat’Tiamo**—Do you love the simple precision of a perfect pasta? Escape to Italy for the night with this Italian cooking subscription box. Each month features seven full-size gourmet food products from a different region in Italy. Bon Appetito!

**Veggie Buds Club Box**—With kids at home, we see that more than ever, eating healthy as a family is within our reach. This box teaches young children to love a new veggie every month, with crafts, stickers, coloring and scavenger hunts.

**Take Out Kit**—Adventurous eaters will love these easy to prepare meal kits containing all the ingredients you need to make dinner for four. Some highlights include Spanish Paella, Japanese Tonkotsu Ramen, Argentine Empanadas and German Spatzle. The kit has a two-month shelf life, so there’s no pressure to prepare immediately.

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**Fireplaces and Wine Glasses**

Outdoor firepits deliver the respite and rejuvenation we need to get through a week of isolation. Here are five local wineries offering a comforting place to toast to a healthier future.

**Effingham Manor Winery**’s expansive winery has a roaring fireplace and appropriately spaced tables indoors. Guests can gather around the firepits overlooking a rolling meadow and 18th century manor.

**The new Winery at Sunset Ridge Farm** in Gainesville overlooking Lake Manassas has a massive stone fireplace and outdoor firepits where you can be the first to sample the harvest. The farm has wine, beer, farm animals and more.

Huddle beside the oversized firepit at Hiddencroft Vineyards, a Lovettsville winery in a 19th century farmhouse. The vineyard is known for its blueberry concoctions like Grandma’s Love Potion and Grandpa’s Fantasy.

---

**Snuggle Up with an Inspiring Book**

Sure, we are living with new challenges, but it’s reassuring to hear about humans who have overcome hardships and come out better in the end. Here are four biographies that will inspire optimism and hope in the worst of times.

**Kitchen Confidential**

We all miss Anthony Bourdain’s wry and wise look at life, not to mention his adventures in cooking and travel. This book goes back to his wild days as a young chef that helped to form his limitless capacity for empathy and openness.

**First – Sandra Day O’Connor**

After watching the turmoil around choosing a new Supreme Court Justice, it is interesting to read about the first female justice, Sandra Day O’Conner. In her biography by Evan Thomas, you’ll gain insight into her life as a cattle rancher’s daughter and her ambition that led to shattering the legal glass ceiling.

**Mamba Mentality: How I Play**

Kobe Bryant’s untimely and tragic death was a great loss to sports, but his approach to life – determination, devotion and analytical way of approaching work and life – will leave you inspired to reach your own potential.

**A Dream Called Home**

Young Mexican author Reyna Grande describes how she achieves her dream of attending college in the United States after a harrowing childhood and painful immigration experience. Her story inspires compassion for people struggling to rise above poverty and disadvantage.
Relax in an Adirondack chair by the fire at Doukenie Winery in Purcellville with views of a bucolic countryside and horse farm. The expansive indoor tasting bar allows for ample social distancing where you can listen to live music and nibble on appetizers.

Delaplane Cellars’ wall of windows allows the sun to stream in, naturally warming the tasting room and providing stellar views of the Blue Ridge Mountains. Located at Fauquier County’s Lost Mountain, the wines are made from varietals grown only in Virginia.

Voted the best winery in Virginia, Pearmund Cellars in the foothills of Fauquier County builds blazes in the outdoor firepit and has an expansive European-style tasting room.

Chocolate Boosts Endorphins

For some of us, nothing soothes better than chocolate. Here are some rich and creamy cocoa drinks to brighten up your day:

Ice Cream & Hot Chocolate drink—at Dunhri’s Dessert Café in Haymarket

The Loaded Coffee topped with ChocoViño Wine—at The Spot on Mill Street in Occoquan

Café Mocha Latte with Dark Chocolate Sauce—at Trummers Coffee & Wine Bar in Gainesville

Dark Iced Chocolate—at Cocoa Vienna in Vienna

The Cocoa Flight—at The Conche in Leesburg

Nutella Hot Chocolate—at Ice Cream Jubilee in Arlington

Bayou Cocoa made with Valrhona Chocolate and sea salt—at Bayou Bakery in Arlington

Hot Cocoa with Toasted Marshmallow syrup—at Cameron’s Coffee & Chocolates in Fairfax

Signature Gourmet Cocoa—at Cupcake Heaven in Haymarket

Salted Caramel Hot Chocolate—at the Liquid Chocolate Café at River-Sea Chocolate Factory in Chantilly

Animal Love

Scientific research has shown that animals can lower our blood pressure and improve our mood, and Northern Virginia has plenty of farms where you can commune with our four legged friends year-round.

Hope & Serenity Farm Sanctuary in Nokesville is a shelter for neglected and abandoned animals. Owner Renee Small welcomes visitors to take a tour of the farm and provides guided, supervised interactions with her pigs, donkeys, cats and dogs.

Horseback riding can be a serene experience any time of year, but the quiet meadows are especially calming in winter. Sign your child up for a month of weekly lessons at Affinity Farm in Gainesville where they can learn to ride well-trained horses safely.

George Washington’s Mount Vernon barn animals enchant year-round. Pet the cuddly Hog Island Sheep, gentle horses and even a friendly camel named Aladdin. Guests are welcome to feed the oxen, pig and donkeys too.

Fort Valley Ranch in George Washington National Forest has daily group rides and private lessons. Stay at their private cabins and build a campfire that night. The next morning, stop by Luray ZOO Rescue to see...
the rescued zoo animals, including a lemur, tiger, parrots and bears.

**Maple Syrup Boil**

Colvin Run Mill Park hosts an annual trek into the woods to collect maple sap and then demonstrates how to boil the sweet substance down over an open fire to make syrup. Taste the finished product on a hearty slice of cornbread. Buy your own freshly-milled cornmeal to make some at home.

**Cabin Fever**

Serenity and wilderness has never been so close.

Rent one of 12 vacation cottages along the Potomac River at **Algonkian Regional Park** in Sterling. With decks, grills, full kitchens and multiple bedrooms, these cottages are perfect for a secluded vacation destination spot. While at the park, hike the trails or go bird watching.

The two deluxe cabins at **Pohick Bay Regional Park** have fully equipped kitchens, bathroom and outdoor grill. It’s the perfect place to watch the sunrise over the Potomac River. Take a hike in Mason Neck State Park to look for the bald eagles that live there.

**Go Underground**

Did you know that caverns maintain a year-round temperature of 55 degrees? That’s why visiting a cavern in the winter can actually warm you up while you gape under your mask at the stalagmites and stalactites.

Luray Caverns in Luray is the largest cavern in the eastern United States, and if you haven’t visited yet, you’re missing something. The cavern walkways are paved and accessible for all. You’ll be in awe of the cathedral-sized rooms filled with magnificent rock formations. Masks and six feet distance is required for all visitors.

Skyline Caverns in Front Royal is a lesser known but distinctive cavern tour that has reduced tour sizes and runs every thirty minutes, requiring six feet of distance at all times. The colorful rooms include the Grotto of Nativit and Painted Desert.

Shenandoah Caverns near Harrisonburg limits the number of guests and requires masks of everyone. The elevators are closed, so there are stairs to descend, but the Capitol Dome, Beyond the Veil and unique “breakfast bacon” formations will delight.

Shenandoah Caverns is next door to American Celebration on Parade with its quirky parade floats.

**Learn to Snowshoe**

Rev3 Adventures at Bryce Resort takes a small group up the mountain for a leisurely hike via snowshoes at a sunset and end the evening in the Copper Kettle at Bryce Resort with some drinks.

**Guided Hikes**

Love to learn while you walk? Take one of these fascinating outdoor tours.

The National Park Rangers at **Theodore Roosevelt Island** offer year-round safaris...
Travel

around this sanctuary in the Potomac River. In the winter you have unobstructed views of the DC skyline.

**Manassas Battlefield Park** takes Civil War enthusiasts to key sites in this National Park with stories of heroism and tragedy. The circuit hikes around the park are scenic and challenging year round.

**Lincoln Cottage**, though not really a hike, take a guided tour of the grounds around his historic home in Washington D.C. to learn about President Lincoln’s life. The view from the Old Soldiers Home where it’s located is stunning.

**Get High**

Nothing delights a soul more than watching a sweeping view unfold but staying warm at the same time.

Soar above the city in a climate-controlled gondola at **National Harbor**. The Capital Wheel offers panoramic views of Alexandria, the Potomac River and the National Mall.

Take a ride to the top of the **George Washington Masonic National Memorial** in Alexandria to see the view from the nine-story tower and learn the history of this impressive building.

Rent a Winter **Igloo** at The Watergate Hotel rooftop bar “Top of the Gate” to watch the glittering lights of the city over cocktails.

**Stretch Your Legs**

**Udvar Hazy Air and Space Museum** has excellent safety protocols in place, and it’s a fun place to wander around on a cold day with the high ceiling and spaciousness.

**Fun Land of Fairfax**, has an arcade, laser tag, big screen televisions.

**Visit a Presidential Property**

While these president’s homes are not open for indoor tours, you can walk the expansive properties, and take walking tour of the grounds.

- James Monroe’s Highland
- James Madison’s Montpelier
- Thomas Jefferson’s Monticello
- George Washington’s Ferry Farm
- Herbert Hoover’s Rapidan Camp in Shenandoah National Park

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generally speaking, change goes through many stages from pre-contemplation to continued commitment. Everyone has different motivations for change. Making a small change, rather than a drastic one can be easier for many people. There is even some evidence to back up this theory. The National Institute of Health’s “Changing Your Habits for Better Health” handout has some terrific ways to start those healthy habits. (https://www.niddk.nih.gov/health-information/dietnutrition/changing-habits-better-health)

It is a four step system to create the motivation for change:

1. Imagine a healthier you.
2. Create a plan.
3. Put your plan in motion.
4. Add variety to stay motivated.

An example of this process for increased blood sugar control and weight loss might look like imagining yourself joining a local CSA (community supported agriculture) delivery service or attending the local farmers market for increased access to fresh fruits and vegetables. Next, you might have the CSA delivered or take a trip to the farmers market. When your box arrives or you get back, you might continue your journey by putting your plan in motion using those fruits and vegetables in your daily cooking. Finding new recipes and ways to utilize the produce would keep it interesting to stay motivated.

Consider looking at the pros and cons of changing your lifestyle when you are contemplating change. What are lifestyle changes that you can add to improve your life and what are the consequences if you continue on the same path? Ask yourself some questions regarding the changes you might make. Will this lead to better health? Will I have more energy? What are the financial costs?

Imagining a healthier you can create the framework for change. Psychologists suggest using small steps in order to lead to big successes when making lifestyle changes. For example, if someone wants to lose weight, they may start by making healthier food choices. These small changes can be as simple as adding that fresh fruit or vegetable to your breakfast. Once that
Health

change has been implemented you can set your goal higher to incorporate five fruits or vegetables in your daily routine. This habit might help you swap unhealthy foods for healthy ones. When we make these small changes the mere repetition of action forms a new habit. If that habit gets positive results, we are more likely to continue with it and even add new habits.

In the time of COVID-19 it can be difficult to follow the plan that may have worked for you prior to this trying time. One way to stay on track is to make a weekly meal plan and grocery list. This can be something that all family members add to throughout the week, so when the trip to the store happens, everybody has a say in the meals. Meals don’t have to be a big production...did somebody say, breakfast for dinner? (See below for a link to my “Easy Breezy Frittata” recipe) The most important thing to remember is that small changes add up to big results, so take a minute to think of one small thing you can incorporate daily that will lead to a healthier you. Maybe it’s a longer walk with the dog or choosing the salad instead of the fries. Every little change can lead to a sustained improvement, especially when you see the results.

Think of the song in that children’s classic Christmas movie, Santa Claus is Coming to Town, “Put One Foot in Front of the Other” and soon you’ll be walking out the door. Transformation doesn’t have to be a painful process. With a little planning and some small easy to accomplish changes, you can achieve even the most seemingly impossible goals. ♤

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A Bowl Full of Nutrition
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REFERENCES

Easy Breezy Frittata
4 servings
8 large eggs
1 cup milk
1 cup chopped lunch meat: ham, turkey, chicken, corned beef, whatever you have
½ cup chopped onions (can use frozen)
1 cup chopped frozen broccoli, bell peppers or whatever frozen veggie you have on hand
1 cup shredded cheese: cheddar, mozzarella, monterey jack or whatever you have on hand
1 teaspoon salt
½ teaspoon pepper
¼ teaspoon red pepper flakes
Non stick spray

Preheat the oven to 375 degrees F. Crack eggs into a large bowl and whisk in milk and the rest of the ingredients. Spray the skillet with non-stick spray. Heat a non-stick (oven safe) skillet over med-high heat and pour contents of bowl into skillet. Cook undisturbed until the egg starts to cook around the sides. Transfer to the oven and cook for 20-25 minutes until the middle no longer wiggles when you shake the pan. Turn on the broiler and brown to top for 3-5 minutes longer. Turn out onto a cutting board and cut into wedges. Serve with a salad.
Often, when people consider the subject of math, they think of coloring inside the lines. At the Russian School of Mathematics, an institution that has been recognized by The Boston Globe, TED, NPR, and The Atlantic, those lines disappear and become color themselves. Viktoriya Palamarchuk, Regional Director for the Washington DC area, along with a team of passionate and skilled instructors, shine a light on the beauty and importance of mathematics by presenting it through a conceptual and contextual lens based on the founding principles of Russian mathematics.

According to Palamarchuk, what makes their methods Russian is the idea of using math itself as a tool. In the same way one would use physical exercise to develop and strengthen their body, math must be used to develop and strengthen one’s mind. Mikhail Lomonosov, famous Russian philosopher and mathematician said, “Math brings order to the mind.” This ideology is the determining core for the foundation and inception of the Russian School of Mathematics.

Along with this principle, the immersive, interactive methods are what really differentiate RSM from your standard math program. This has become even more evident since having to relocate to online classes due to pandemic procedures. “We, basically, tried to move the actual physical classroom but just to an online setting,” Palamarchuk explains, “We want it to remain as interactive, as engaging, and as hand on as we can.”

Teachers and students, through zoom, continue an open conversation where every student is encouraged to speak out at any time. This sort of dialogue is something that is missing from the math classes of the public-school system. By communicating openly, building off other’s ideas, it forces students to think critically and develop logically and cognitively. “We really want them to think. So, the idea is we try to build on what the kids already know. We try to inspire for future knowledge. So, we do not drill, we do not make them do repetitive stuff, but rather we want them to develop a logical understanding of what they’re doing. We believe if the child knows how to solve one equation, they can know how to solve any equation.”

Although now solely online, there are 57 locations spanning across 11 states, as well as one in Canada. In the Washington DC region, there are four schools. The first was opened in Reston in 2016, followed shortly by Bethesda, MD and Ashburn in 2017. As of September, the most recent school to open is located right here in Tysons. There was a strong demand in the area to add a new location, yet, RSM is not a franchise. Palamarchuk explains, “we only open a new school when a professional teacher or leader is ready to open the school, and I’m proud of miss Angelica Alekseyev, our principal at Tysons Corner. She brings years of expertise and is a professional teacher that has experience teaching from first grade through college level. She has been with us for three years and is excited to open the branch.”

Other ways RSM is adapting to online transitions is shown by their commitment to celebrating the achievements of the competition winners this year, over 100 in Virginia alone. Just a few of these achievements include the 55 students who won the Math Kangaroo competition, the 73 students who won the National Honor Roll in Noetic Contest, and the 36 students who won the Russian Math Olympiad (RMO.) An annual award ceremony is held at the end of each academic year. However, this year, it was cancelled. So, in its stead, Viktortiya and her team held an online ceremony on Sunday, October 18th.

This online event was only one of many which the Russian School of Mathematics has hosted, and a variety of fun and activities for students and teachers alike.
exciting events—all pertaining to math—are still to come. Every Friday is now “Fun Friday.” These events provide a platform to allow kids to have fun solving brainteasers, riddles, and puzzles all while learning math through a medium which, without realizing, is first and foremost educational. All these events are open to the public and are available to sign up for on the Russian School of Mathematics’ Facebook page.

Fortunately, a majority of RSM alumni and some high school members work as tutors for the program. These individuals serve as an integral part in the development, both planning and executing, of these events. The fact that students continually participate after graduation is proof of the impeccable impact the Russian School of Mathematics has on the development of its students, families, and participating communities.

The first school was founded in 1997 by two immigrants of the former Soviet Union, Inessa Rifkin and Irina Khavinson. These women came to this country with their families and discovered that the math education their children were receiving was wanting. They wanted their children to experience the same understanding of math they were exposed to as children. So, they decided that each Sunday, they would gather their children and their friend’s children, and teach math through an appreciation and perspective otherwise not taught in the average American classroom. That wholesome desire to serve the children in their community spread and is now helping thousands of students across the world.

In totality, ranging from Kindergarten through 12th grade, there are over 45,000 students, or as Palamarchuk put it, “families,” served by the Russian School of Mathematics. She uses the word, “families,” because family is the cornerstone of everything they do and believe at the Russian School of Mathematics. Palamarchuk herself first came to RSM as a mom looking to enrich her son’s math education. Ten years ago, while still living in Massachusetts, she noticed that her son, about to enter fourth grade, was still doing the same repetitive arithmetic for the 5th year in a row. She brought her son to RSM and watched the immediate and impressive results it had on
Education

his education and personal development. After that, she enrolled her other son, began teaching, and eventually became vice principal.

The personal connections of teachers and students only works to further the impact of engaging education. Palamarchuk says, “Whenever I hire a new person, I always think, ‘would I want this person to teach my own sons.’ Our school was conceived as a family business and it still remains a family business.” All the teachers at RSM are trained in immersive teaching techniques for a curriculum that is constantly being developed and perfected each year to ensure that students continue growing.

In today’s education system, kids are generally put into one of two categories. Either you’re a math person or an English person. However, Palamarchuk has a different outlook on this subjugated structure, “First of all, we don’t believe that there is such a thing as a ‘math person.’ Everybody can be a math person. That person just probably never had a real math education.”

At RSM, students begin learning algebra in the first grade. Palamarchuk continues, “we believe that kids are capable and are completely ready to think abstractly at an early age. So, they begin reasoning with those abstract concepts in elementary school and by middle school, they’re not only familiar with those essential elements, but they can also easily apply them into problem solving. They learn how to debate, how to compete in a healthy environment, and that prepares them for their future rolls, for their college experiences and their future careers.”

Each grade is split into three, sometimes four, different levels. By structuring it this way, it allows for the optimal success of each individual student. Too often in the standard American math classes, children are either bored, lacking intellectual challenge, uninspired, or they are confused, falling behind, and growing insecure. In both these cases, the child will, on average, simply give up. This system of providing three different levels ensures that each student gets the attention and education they require.

“We always try to show our kids that there is more than one way to solve a problem,” Palamarchuk expands, “we introduce different techniques so the child can pick their favorite, or use all of them, or some kind of combination, because, each child learns differently. Each child has a different perception of all those concepts. So, we want to make sure that each child finds their own way to do it individually.”

Each child is placed in a specific level when they come in for an evaluation. Evaluations can be scheduled on the Russian School of Mathematics website, or by calling the offices directly. During an evaluation, interested parties will sit down with a member of the RSM team to discuss the needs of their specific family and the needs of the specific child. “We want to hear what the child is thinking,” Explains Palamarchuk, “So, for us, the final result is not important. What is important is how that child got to that answer, and why.” Currently, for safety, all evaluations are held online, but the discussion remains just as comprehensive as before.

By presenting this inclusive and immersive structure through a conceptual and contextual lens, The Russian School of Mathematics helps kids expand on personal growth under critical, cognitive, and logical levels. Only once one can begin to view math as a colorful creation, both in and outside the lines, will they truly be able to view the colors that create this world.

Russian School of Mathematics

Call 571-334-8472, or go to RussianSchool.com, to schedule an evaluation today.
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Kitchen remodeling may seem like a daunting task, and without the proper planning, guidance, and a well thought-out renovation process, it can be. With over two decades in the design business, I know the necessity of a well-laid plan. The ‘Kitchen Series’ is designed to help you start the process and enable better research when contemplating your renovation project. This is the second part of our Series, which as a whole, covers the necessary steps to take when approaching a kitchen remodeling project. The discussion started in the last issue with cabinetry which can be the most expensive item that needs considering. Visually, it is the most impactful and typically sets the design tone of the space. However, we need to take a step back and consider another equally important and financially impactful part — the appliance package.

It is highly recommended the cabinetry finishes and style selections mesh well with the appliances you may be considering. While appearance and functionality are very important, what is often not discussed is the proper order of steps to take to ensure a successful project. An early discussion between the interior designer, kitchen designer, and client, can save the homeowner a good deal of time and relief from unnecessary frustration with cycles of kitchen design revisions.
Consider The Appliances Early

Appliance selection is really the next necessary step before actually putting pen—to-paper and laying out your kitchen design. It is at this stage that a kitchen design professional should ask you, “what appliances are you considering?”

Why is having your appliance package in place so important at this early stage? Because, not every item is a one-size-fits-all. A four-or-five burner cooktop will require a 30” cabinet base, while a six burner will require a 36” cabinet. A well-designed kitchen should allow for at least 12”-to-18” on one side of your stove and at least 15”-to-24” on the other. All of this must be taken into consideration when laying out the design of your cabinetry.

Each appliance will have similar necessary spacing requirements to ensure a properly functioning kitchen. Considerations abound and a knowledgeable designer will walk you through the process to ensure that the final result is your dream kitchen.

Syntha’s Design Tip: When selecting appliances it is important to consider the handles, knobs, and appliance design to insure it coordinates seamlessly with the look you want to create. While 2-D and 3-D kitchen rendering is necessary, it doesn’t always give you the drill-down with how the specific items selected work together.

“This is when we create a mood board that features all of the items in the kitchen; including finishes, appliance door handles, hardware, cabinet door style, and lighting, to help visualize how they work together as a whole.”

What are the FIRST STEPS in selecting your appliance package?

Just as we discussed with your cabinetry, the appliance BUDGET plays a critical role. Setting a realistic budget for appliances will help you hone in on where to shop. Considering the flow of your kitchen, and if you are constrained by a particular layout, will narrow the appliance choices. As an example, if you do not already have gas and need to run a gas line, that can significantly increase the cost of construction, as will moving plumbing.

Another consideration is how you live; what is your LIFESTYLE? Are you a baker? A gourmet? If you often entertain, then adding a warming drawer, large capacity or double ovens, or a designated ice maker to the list of necessary appliances may be important in your design. Think about the length of time you will be living in your home and if aging in place is a consideration. Therefore, larger temperature displays and easy turn knobs might be a good choice for the future. Mi-

The Average Life Expectancy of Appliances:

- **REFRIGERATORS**: 9 – 14 years
- **OVEN/RANGES**
  - Electric: 13 – 15 years
  - Gas: 15 – 17 years
- **DISHWASHERS**: 7 – 10 years

---

“When I start the design process with a new client, one of the very first and most important questions I ask is about the appliance package. This is important for the proper spacing and clearances in the design, as well as ensuring the appropriate cabinetry is accounted for.”

– Jeff Waggoner, Cabinet Designer, NKBA

Syntha Harris Interiors
Photography: Stylish Productions

continued on page 23
Cooktop vs Range
This is an important decision in the plan and layout of your kitchen. The first question is whether you prefer a separate cooktop and wall oven/s, or a free-standing range which has both appliances in one. Often available space dictates the decision. An advantage to separating the cooktop and oven is the increased space and ability to have more than one cooking zone in use at one time. On the other hand, freestanding ranges are often more economical and easier to install.

Wall Ovens
Options range from the standard 27” to 30” sizes, to single or double ovens. The latter is a good choice for those who entertain, have larger families, and a good option for resale value if the kitchen space can accommodate. An additional choice can be adding a convection oven with a standard oven to give the option for quicker and often considered more even cooking.

Refrigerators
There are many options to choose from, the first decision is the installation type. Fully integrated, which seamlessly blends into the rest of your cabinetry; built-in units which are generally taller than freestanding and also have a more seamless look, and finally the freestanding option. All options come in various sizes and configurations. Selecting a counter depth style is always a good choice for a clean look.

Dishwashers
Two items that appear on most consumers list when selecting a dishwasher are noise and style. Dishwasher noise is rated in decibels; the lower the decibel the quieter the machine. Look for a rating of 45 decibels or lower. Select a style for your dishwasher that coordinates with the rest of your kitchen design, like a fully integrated panel ready machine if you want a seamless look. Dishwashers come standard in 24” models, and should be installed flush with the kitchen countertop.
of parents are considering home education models for their children this school year

RESEARCH FINDS BACK TO SCHOOL UNCERTAINTY IS INFLUENCING PARENTS’ HOMEBUYING DECISIONS

THE TOP 3 MOST IMPORTANT AMENITIES TO BUYERS WITH SCHOOL-AGE CHILDREN LEARNING AT HOME ARE:

- Space for multiple home offices: 35%
- An area within a home that can be used for child homeschooling: 31%
- Homes that allow for faster internet speed (Up from 11% compared to May 2020): 18%

TOP MOTIVATING FACTORS TO MOVE INCLUDE:

- The need for more space: 55%
- The low mortgage rates: 49%

THIS DESIRE FOR MORE SPACE IS LIKELY CONNECTED TO A “QUARANTINE EFFECT”

SYNTHA HARRIS INTERIORS The visionary and the creative force behind her boutique interior design firm in Northern Virginia, Syntha Harris has been the principal designer at Syntha Harris Interiors since 1996. Before founding her company, Syntha was a runway and print model for European and American fashion houses for over two decades. Surrounded by style icons, Syntha has had the privilege to be a part of the creative process and behind-the-scenes in making fashion. With a trained eye for all things style and meticulous attention to detail, Syntha’s vision sees no boundaries when creating a living space that’s equally beautiful, functional and inviting. For the past 20 years, she’s earned a reputation for her transformational designs informed and inspired by her client’s needs, desires and aspirations.

Important Items of Note When Purchasing:

* When shopping for appliances, research your retailer, check reviews. Additionally, look on the company website for possible rebates and promotions for additional savings.
* When to buy can also be a consideration, there are many sales and deeper discounts around major holidays, so plan your purchases accordingly.

SYNTHA HARRIS INTERIORS is a boutique interior design firm in Northern Virginia that specializes in creating beautiful, functional and inviting living spaces. The firm has earned a reputation for transformational designs informed and inspired by the client’s needs, desires and aspirations.
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**Education:** Eastman Dental Center, University of Rochester

**Expertise:** Served as attending faculty and taught lingual “invisible” orthodontics in the postdoctoral orthodontic program of Children’s National Medical Center and Washington Hospital Center. Diplomate by the American Board of Orthodontics.

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703.396.7001
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**Education:** University of Pennsylvania

**Expertise:** Achieved dual specialty certificates in both Periodontics/Implantology and Periodontal Prosthesis (Advanced Restorative, Cosmetic Dentistry) and recognized as a Diplomate of the American Board of Periodontology.

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**Education:** George Washington University

**Expertise:** Awarded both his Fellowship and Mastership in the Academy of General Dentistry (AGD). Member of American Dental Association, Virginia Dental Association, Academy of General Dentistry, and the American Academy of Cosmetic Dentistry.
Can you believe that it has been more than 6 months since the coronavirus pandemic forced the public to suspend routine care and ‘non-essential’ dentist visits?

And worse! We’ve found that those who avoided seeking necessary dental care have experienced adverse outcomes to their health!

But there is good news!

Since reopening, dental offices like Smile Wonders have made several modifications to their operating procedures. We are going above and beyond standard protocol while adhering to new state and local guidelines to stop the spread of the virus.

Now, you can seek the routine or emergency dental care you need and know that dental offices are doing everything in their power to keep you and everyone else safe!

### Changes to Scheduling

Every surface that patients encounter are sanitized in between every appointment, so upon arrival, patients are instructed to wait in their cars until the office has been freshly sanitized for them.

Smile Wonders now schedules staggered appointment times and designates closed private rooms for each patient and family.

After washing your hands and a quick temperature check for both the patient(s) and one guardian, a masked personal escort will take them to their room to begin the appointment. This helps to limit contact between different patient families.

### Sneeze Guards and Air Purifiers

You will see some changes from our photos online when you enter the office! Sneeze guards have been added in the Smile Wonders front office to protect the health of our patients and team.

And in the back office, HEPA air purification systems have also been installed and are continuously running to add another level of protection for everyone!

### Enhanced PPE

Though wearing a mask yourself may offer a bit of protection from contracting the virus, it is most important that those around you are wearing masks to prevent the exchange of air droplets.

In addition to the sneeze guards and HEPA air purification systems in place, you can rest assured that everyone who enters Smile Wonders, both staff and patients alike, are wearing a mask.

Furthermore, with our staggered appointments, the social distancing guidelines are being maintained for you!

Smile Wonders also has limited the exchange of physical paperwork by sending out touchless digital paperwork to our patients that can be completed from the comfort of your home.

### Covid Screening and Temperature Checks

To ensure that the virus would not be spread by staff members entering the office, Smile Wonders uses Periodic Covid-19 testing for team members if any suspicion of exposure or symptoms are noted. And of course, temperature checks are done in the morning and after lunch break for all team members.

Smile Wonders has a wellness form that can be filled out on your mobile phone to screen patients before they enter the office. We check the temperature of every patient and their guardian after they have entered the office and have been escorted to our hand washing station.

If the wellness form indicates anyone in the family is exhibiting any potential symptoms or a patient is feeling unwell, they are asked to reschedule and assisted in doing so by our office.

### Telemedicine to Keep You Safe

If you are unsure about whether or not you need to schedule an appointment, you can schedule a telemedicine appointment with Smile Wonders. The doctors have worked with a video conferencing portal option that allows you to go over your child’s concern and symptoms from the safety of your home.

This option works really well for our new moms and babies that might be experiencing feeding difficulties. When children have dental anxiety that gets in the way of cooperation in a dental setting, a telemedicine visit is a great way to get to know the doctor and come up with a plan for upcoming visits.

You shouldn’t feel the need to forego essential or urgent care including regular dental check-ups due to fear of the virus! Delaying care could lead to detrimental effects to your oral and overall health. ✶

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COVID Holidays

By Michael Evans

You know it’s 2020 when every day feels like Groundhog Day, face coverings are becoming a fashion statement, and “social distancing,” “online learning,” and “Zoom” seem to be the buzzwords of the year. With all the days, weeks and months running together, it’s hard to believe that this year is (finally) coming to an end! But what does that mean for this year’s holiday celebrations amidst the ongoing Coronavirus pandemic?

As has been the case for most things this year, it is likely that your holidays may look a little different than usual. Many people will not be traveling to visit friends or family. The phone is starting to ring again and slowly but surely people are starting to get together again. Local gatherings may be smaller than usual, as some families may choose to keep to themselves. But if there’s one thing we’ve learned this year, it’s that while we may need to adapt the way we do things, the metaphorical “party” must go on!

Whether you are cooking up traditional family favorites or bringing in the professionals to help you whip together a stress-free holiday meal, nothing beats this special time of year with the ones you love! While everyone has their own comfort levels when it comes to social gatherings right now, we wish you all a happy and healthy holiday season, however you choose to celebrate COVID style.

MICHAEL EVANS is chef-owner of Helga’s Caterers, a family-owned, full-service catering company with over 35 years of experience in providing fine food and excellent service for all of your catering needs throughout the D.C. Metro Area.

Thanksgiving

Whether you’re going for a mini gathering with your immediate family, an intimate “friendsgiving,” or a small reunion with extended family, Thanksgiving is the perfect opportunity to relax and reflect on the many blessings in our lives with the people who mean the most to us... Especially after the year we have had! Let’s not forget the great football and delicious meal to be thankful for, too!

Helga’s Thanksgiving Banquet

Appetizers:
- Banana nut bread canapes with creamy pumpkin roses
- A variety of mushroom caps filled with crabmeat, and spinach with cheese
- Belgian endives filled with smoked whitefish

Entree:
- Roasted Turkey with homemade stuffing, gravy and orange cranberry sauce
- Spiral-cut honey-glazed ham served with honey mustard
- Potatoes au gratin
- Spinach salad with sugar coated almonds and mandarin oranges in balsamic vinaigrette
- Rolls and butter

Dessert:
- Country Apple Tart
- Pumpkin Pie
Hanukkah

Hanukkah is another holiday that allows for some much-needed family time and celebration among Jewish families. Grab the Manischewitz (or sparkling cider for the kids) and gather everyone for a round of dreidel before lighting the menorah, for a Festival of Lights that all will cherish!

Helga’s Hanukkah Delight

Appetizers:
- Brie cheese with honey, dried fruits, nuts, and crackers
- Chopped liver with matzoh
- Smoked salmon blini topped with chives, crème Fraiche and capers

Entree:
- Succulent beef brisket served with tender roasted potatoes and carrots
- Chicken Mojito: grilled breast of chicken topped with a flavorful dressing of olive oil, red and green peppers, and cilantro
- Latkes: miniature potato pancakes served with applesauce
- Custardy Noodle Kugel: Egg noodle casserole baked to perfection with cinnamon and vanilla
- Arugula salad with beets, olives, and feta cheese drizzled with red wine vinaigrette
- Challah

Dessert:
- Rugelach
- Black and white cookies
- Sufganiyot jelly donuts

Christmas

Ask Christian families how they celebrate Christmas, and you’ll get many similar responses: church, quality family time, stockings and presents, lots of hot cocoa, cookies and eggnog, and much anticipation over the coveted White Christmas! However, what one family considers a “traditional” Christmas dinner often varies quite a bit. Many families feast on a dinner similar to their Thanksgiving meal with turkey, mashed potatoes, etc. while others like to mix it up with a Virginia baked ham or beef tenderloin. Regardless of which menu you choose, everyone will be sure to agree it’s the most wonderful time of the year!

Helga’s Holiday Feast

Appetizers:
- Holiday red and green pepper boats filled with saga cream
- Steamed shrimp served on a bed of fresh seaweed with tangy cocktail sauce and lemon
- Crabmeat Charissa: hot crab spread with artichoke hearts on French bread

Entree:
- Beef tenderloin roasted to perfection and carved to order, accompanied by Bearnaise sauce, horseradish and Dijon mustard
- Whole poached Norwegian salmon elegantly garnished with lemon scaled and served with cucumber dill sauce, flanked by cascading French baguettes
- Roasted red bliss herbed potatoes
- Homestyle broccoli and cauliflower topped with breadcrumbs
- Winter salad of chopped romaine, Bosc pears, walnuts and Manchego cheese, and balsamic vinaigrette
- An elaborate bread display with a variety of rolls and butter

Dessert:
- Colorful assortment of holiday cookies
- Miniature Linzer tarts: Viennese classic with plump raspberries and hazelnut crust
- Christmas tree display of fresh fruit kebabs with raspberry yogurt dipping sauce

New Year’s Eve

There’s nothing more exciting and hopeful than celebrating the New Year with family and friends, especially following the tragic and unprecedented year we’ve all endured. Champagne (or sparkling cider), great food and great company make the perfect combination to ring in the much anticipated new year!

Helga’s Millennial Holiday Celebration

Appetizers:
- Crisp phyllo money bags filled with wild mushrooms, served with Hollandaise sauce
- Grilled beef hibachi skewers
- Grilled swordfish on ginger-jalapeño rice cakes

Entree:
- Porkloin stuffed with plums and served with ginger plum and mustard caper sauce
- Grilled chicken satay with spicy Thai peanut dipping sauce
- Roasted leg of lamb served in a rich brown gravy
- Assorted sushi, cucumber and California rolls served with pickled ginger, soy sauce and wasabi
- Orzo and peas tossed with feta cheese
- Curried lentil salad with shrimp and chiffonated spinach
- Winter fruit salad tossed with dried apricots, cherries, nuts and fresh mint

Dessert:
- Pumpkin Roll - pumpkin sponge cake rolled with cream cheese filling and nuts
- Cranberry Apple Strudel sprinkled with powdered sugar
- Strawberries dipped in dark and white chocolate
Top 10 Most Expensive Homes Sold in Northern VA

Sold in September 2020
576 INNSBRUCK AVE
Great Falls, VA
Architecture: Colonial
List Price: $7,999,000
Close price: $7,000,000
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Architecture: Federal
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Great Falls, VA
Architecture: **Traditional**
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Close price: **$5,600,000**
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820 HERBERT SPRINGS RD
Alexandria, VA
Architecture: **Colonial**
List Price: **$4,200,000**
Close price: **$3,880,000**
One of the trophy homes along the river. Perfect for a forever family home. A country estate of nearly 2 private acres of mature plantings and handsome landscaping. Plus approximately 100 feet of water frontage.
428 N WASHINGTON ST
Alexandria, VA
Architecture: Georgian
List Price: $3,895,000
Close price: $3,750,000
428 N. Washington Street is a grand residence that has been thoughtfully reimagined and renovated for modern living while retaining its historic integrity. The Edmund Jennings Lee house was completed in 1801 and today offers over 7,000 square feet of living space.

33024 SUNKEN LN
Upperville, VA
Architecture: Colonial
List Price: $4,495,000
Close price: $3,750,000
Set on 86.81 gorgeous acres, the panoramic mountain views enjoyed from Oakfield’s grounds are extraordinary (and secure thanks to the neighbor’s land being in conservation easement). This exceptional property features a fully appointed 5 bedroom, 5 bath, 3 half bath, 3 fireplace manor house with a grand foyer, gourmet kitchen.
8105 SPRING HILL FARM DR
Mclean, VA
Architecture: Transitional
List Price: $3,675,000
Close price: $3,500,000
Located in sought after Spring Hill Farm, this custom-built, French Country estate by Artisan Builders, is a one-of-a-kind offering. Featuring beautiful fixtures and finishes throughout its three sumptuously finished levels, including exquisite millwork, salvaged beams and random-width hardwood oak floors, this home is ideal for both grand entertaining and day-to-day family living.

10469 SPRINGVALE MEADOW LN
Great Falls, VA
Architecture: Traditional
List Price: $3,985,000
Close price: $3,375,000
Extraordinary custom-built estate with immense privacy and resort inspired grounds. Beautifully landscaped, the circular driveway brings you to the welcoming entrance that leads you to the Foyer. The library features built-in shelves, fireplace and a cozy reading nook.
4601 NEPTUNE DR
Alexandria, VA
Architecture: Colonial, Other
List Price: $3,999,000
Close price: $3,345,000
This luxury 2+ acre waterfront estate offers privacy and captivating Potomac river views. Elegant elements include 2-story foyer & great room, walls of windows for max light and views, open country kitchen/family room combo, and expansive master suite with enviable closet/dressing room. 4BRs, 5.5BA, LL rec, wet bar, billiards. Dive pool, patios, pier with boat lift for ultimate entertaining.

1881 N NASH ST #2301
Arlington, VA
Architecture: Contemporary
List Price: $3,375,000
Close price: $3,200,000
A Fantastic price for this immaculate well maintained condo at The Turnberry Towers, The Gold Standard of luxury living in the DC Capitol area. Chic & modern, 1 bed + den with Pocket doors (turned into 2nd bedroom), 2 Full Bath, Condo is generously sized 1404 sq/ft, plus a 254 sq/ft outdoor terrace with city view.
Centennial Series: The Yeonas Family
Four Generations of Real Estate
Personal Success Icon

By Kate O’Toole

The story began in the early 1950s.

NVAR had existed for three decades, and homes were selling for under $15,000. The American Dream was alive and well in an optimistic post-World War II era. Times were simpler, as evidenced by the length of real estate contracts: one page.

Stephen Yeonas Sr., one of four brothers, had just returned from war and established the Yeonas Company in Arlington, Virginia. His brothers joined the family business shortly thereafter.

Today, the Yeonas real estate tradition stretches four generations long—marked most recently with Dimitri and Paul Yeonas joining their father, Dean Yeonas, at his brokerage in 2019.

Stephen Yeonas Sr. is Dean’s uncle.

“As a kid, high school and college, I would literally dig ditches outside and then graduated to develop entire communities...,” Dean said. “Our family has been doing it for 70 years, and now my two sons work with us!”

Stephen Yeonas Sr. became president of NVAR in 1957 and sold his company in the early 1970s, although he and his brother, Gus, continued to build homes as separate businesses. Dean worked at the Yeonas Company for years, even after the family sold it. In 2002, he created his own boutique brokerage with his business partner, Jack Shafran.

The Yeonas Company built between 13,000 to 14,000 homes in Northern Virginia. With roots that run deep throughout the community, the family still gets calls today from clients who bought their homes in the 50s and 60s from the original Yeonas Company.

“I have hanging on my wall an advertising piece of 1955 when my dad was building homes in Vienna woods,” Dean said. “Houses started at $12,990, and we are reselling those same houses at $600,000 to $700,000 today. ... I’m actually tearing down houses that my dad built in the 50s, building new homes on them and reselling those homes. So that’s quite a perspective to have!”

According to Dean, past clients often remark on the care and level of service his father and uncles provided, and professionalism was a top priority to each of them.

“They went out of their way to treat people properly—the way they wanted to be treated. I think it was to do with their heritage, their background and where they grew up,” Dean said. “And it was being part of the association: to raise the bar and have ethical and educational standards.”

Dean met his business partner, Jack Shafran, in high school. Coincidentally, Jack’s father was also a past president of NVAR. Today, their business—Yeonas and Shafran—comprises 10 agents, and the newest agents are Dean’s sons, Dimitri and Paul Yeonas, and Jack’s son, Jonathan Shafran. The company also works closely with Dean’s cousin, Stephen Yeonas Jr., who owns a homebuilding company, Artisan Builders, in McLean, Virginia.

“When someone says, ‘thank you for what you’ve provided for our family,’ that’s what make it worthwhile,” Dean said. “I teach my... continued on page 74
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THE ABRAHAM BEYDLER HOUSE
MAURERTOWN, VA
$775,000

The Abraham Beydler House, built circa 1790 and on the National Register of Historic Places, is of the Federal architectural style, constructed of stone and brick which was made on the property, incorporating foundations made from stacked fieldstones of limestone and slate. The interior of the main house has horsehair plaster walls while the floors are heart-of-pine planks with sawdust caulking between the planks. All of the doors are of six-panel design, consisting of two-inch thick planks, with many of the doors retaining their original hardware. A boxed staircase connects the first-floor dining room with the upstairs. There is an ‘ell’ addition dating to the mid nineteenth century which now houses the main kitchen with cooking fireplace and original swing-pole pot holder. (see documents for a fuller description). The parlor includes a number of important ornamental features including cupboards with carvings purportedly made by Hessian soldiers who had remained in Virginia following the Revolutionary War. Further rooms include three bedrooms, three basement rooms including an original egg room which retains wall markings depicting egg count. The property lies on 9.3 acres with open fields stretching south from the house to the banks of the North Fork of the Shenandoah River. There is an in ground pool with fencing.
STUNNING AND ELEGANT
OAKTON, VA
$1,498,500

This custom, all-brick, wonderful home is sited on over an acre of gorgeous rolling Oakton countryside...on a cul-de-sac backing to County parkland. It has a dream kitchen opening to both the fabulous family room and one of the two sunrooms. It has a large extended master suite with sumptuous bath, large closets and dressing area. The walk-out lower level has great game room and media areas, the fourth full bath and fifth bedroom. What a great entertainer’s delight with the rear flagstone patio with built-in grill...all overlooking trees in the County park.

FABULOUS AND GRAND
VIENNA, VA
$1,348,000

Walk to everything in Vienna from this custom home with over 7,000 sq.ft. of luxury on quiet tree-lined street. Terrific moldings, two-story foyer and family room, palladium windows and three fireplaces, including one in the terrific walk-out recreation room. Open kitchen with large island overlooking awesome window-filled family room. Delightful master suite with luxury bath, dual closets and fireplace. Large deck overlooking private nearly-one-third-acre Downtown Vienna lot. All the quality you would expect!

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1005 EATON DR
MCLEAN, VA
$3,590,000

Brand new from the ground up in 2018 Impeccably built with the most exquisite finishes. This stunning architectural masterpiece sits proudly on a hill in The Great Hamptons of Mclean. The estate home boasts four bedrooms and four full baths and two half baths. As you enter the home you are greeted by a gorgeous foyer with marble with marble inlay and a gorgeous hoisted chandelier. Excellent space and perfect sized rooms, all were built with a lot of thought on how to utilize every inch of the home. The design layout and all the upgrades are exactly what you would expect to see in an estate home of this caliber. The kitchen is one that would make a professional chef drool, filled with high end appliances from Wolf and Subzero. A joining family room with a coffered ceiling and a lime stone fireplace a Study Strategically placed near the rear of the home. The upper level of the home you have four en-suite bedrooms. The owners suite has a fireplace and a balcony. The owners bathroom itself is a work of art, complete with a chromotherapy air jet tub that even has a heated backrest and dries itself. His and her closets are equally lavish and well designed, complete with and electric dumbwaiter to move your luggage from the Closet to directly near the garage. The lower level offers impeccable entertaining spaces as well as a fitness center that has a beautiful glass wall entryway as well as a massage area in the rear. You have a perfectly equipped bar area exquisite Countertops and pendant lights it is fully equipped and perfect for keeping your guests happy. There is a gaming area with a pool table but the highlight of the lower level Has to be the wine cellar that immediately transports you to Spain! The space is elegant and sophisticated with dry stack stone beamed ceiling gorgeous arches and the perfect accommodations for all your best bottles of wine! The rear of the house is the perfect outdoor space for entertaining complete with an oversized Flagstone patio complete with a built-in Viking grill and a fire pit thats perfect for those cool autumn nights. This home is perfection in every way and One you will surely not want to miss.
Situated at the top of 3 gently-sloping acres in the heart of Great Falls, this one-of-a-kind, modern, vacation style home enjoys all the exciting amenities in the surrounding area as well as close proximity to Washington D.C. Builders have carefully incorporated the contours of the site into the modern home design to afford both privacy and natural views. The home has three levels and contains five bedrooms, five full bathrooms, two half-baths, a two-car garage and measures just over 6,500 square feet. The open floor plan of the main level is ideal for entertaining family and friends. The entrance flows elegantly into the kitchen, and then into the double-height great room, which opens to an impressive outdoor area. The left wing of the home is dedicated to a private owners suite with a custom his/her walk-in closet, an owners bath with a rain head shower and a free-standing soaking tub with his/her vanities. Beautiful views abound from three generously sized en-suite bedrooms on the upper level of this modern home design. The lower level offers an en-suite guest bedroom with a full bath, an expansive recreation room and an impressive wine cellar. The lower level of this modern home design also features a full exercise room and powder room. The builders hand-selected the highest quality materials and industry leading brands throughout this modern home design. AV Architects chose materials that would last for years to come, require little to no maintenance, and compliment the modern aesthetic of the home. The home features aluminum-clad oversized windows, modern panel siding, brick with a smooth contemporary finish, and elegant stone patios and walkways. Moreover, the builder wanted to create a modern home design that feels like a retreat but still offers the required amenities a family needs to keep up with the fast pace of Northern Virginia.
WALKER BEND ESTATES
GREAT FALLS, VA
$2,790,000

- Located in the heart of Great Falls near the Village Center
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- Built by GE Custom Homes, LLC
- Model home delivery – Mid Fall 2020. Listed at $2,790,000

LORI SHAFRAN
Yeonas And Shafran Real Estate LLC
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Agent: 703.967.0909
Office: 703.790.3330
lorishafran@gmail.com
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Mark Goedde
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Mark Goedde has been exceeding his clients’ expectations in quality real estate service throughout Northern Virginia. Mark has the financial and investment experience to help you make smart decisions concerning your home and/or your real estate portfolio, representing YOU when you’re ready to either buy or sell a home. He can assist you with multi-million dollar homes and mid-level properties and has been serving residential real estate needs for over 30 years in Fairfax, Loudoun and Arlington Counties and the Cities of Alexandria, Fairfax and Falls Church. Mark is a full-service Realtor with mortgage, insurance, property management and title partners to serve your every need.

Specialties:
Investment Property, New Construction, Works With First Time Home Buyers, Specializes in Relocations, Resale Residential, Historic Homes, Downsizing

Casey Margenau
FINE HOMES & ESTATES

With exceptional credentials, Casey uses his 30 years of experience to help his clients maximize the value of their real estate transactions. His experience, extensive knowledge and understanding of Northern Virginia’s Real Estate market have helped him to sell over $3 Billion of homes. For 5 years straight, Casey had been the #1 agent worldwide because of the fact that he enjoys helping families as well as individuals find the best homes, or the land to build their forever homes. The homes that Casey specializes in are some of the finest homes Northern Virginia has to offer. He has always been an innovator in marketing the properties he sells; from digital, print, and social media marketing. His reach is global, national, regional, and local to make sure that people, no matter where they are, see the homes that he has to offer so they can find the perfect home that meets their unique needs.

Specialties:
Area’s Premier Luxury Home Builder and Realtor

Laurie Mensing
CHRISTIE’S INTERNATIONAL REAL ESTATE

Ranked in the top 1% of agents nationwide, Laurie Mensing eclipsed the $800 million mark in real estate sales by the end of 2018. Her strategy, treating every transaction as if it’s her own, has proved to be the key to her overwhelming success. In 2018 Laurie was ranked the #1 Agent Long & Foster McLean, #1 for the entire NOVA region for Long and Foster and #3 in the state of VA. Laurie’s success is the result of the extraordinary service she’s provided to her clients in Virginia, Maryland, DC. Her local knowledge and ambition to provide impeccable service to a wide range of clients with different price points, truly separates her from her counterparts. Consider Laurie YOUR trusted real estate advisor.

Specialties:
New Construction, Works With First Time Home Buyers, Specializes in Relocations, Resale Residential, Historic Homes, Downsizing

Casey Margenau
Fine Homes & Estates

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Laurie Mensing

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Sari Dajani

**THE WEICHERT/TEAM DAJANI DIFFERENCE**

Sari Dajani and Team's over 50 years of experience with residential and commercial real estate in northern Virginia and the Washington DC metro area have proven beneficial to their clients. Team Dajani's diverse background (speaking several languages) help them to understand the needs of both buyers and sellers in this cosmopolitan region and offer them negotiation edge. Together Team Dajani provide seamless service, creative marketing and support 7 days a week. Team Dajani's commitment to help coupled with Weichert’s many resources can save you valuable time and effort in securing home financing, insurance, and home connections.


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Gloria Adams
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Top Producer Gloria Adams has been listing and selling homes in the upscale markets of Fairfax for over 20 years building a reputation for service that exceeds one's expectations. Gloria received the NVAR Diamond Top Producer Award in 2018 from the NVAR Top Producers Club and is a Life Member of the NVAR Million Dollar Club. In 2017, Gloria also received a TTR Sotheby's Special Achievement Award for Sales Accomplished. Gloria moved to McLean, Virginia 25 years ago from the Texas/Oklahoma area. Prior to starting her career in real estate, she worked for the Congressional Budget Office on Capitol Hill, the Brookings Institution, and two Presidential Commissions, solidifying her grasp for the markets she serves so well. She developed a love for the real estate business and her reputation among her peers and customers alike is a testament to her desire to go that “extra step” to ensure a satisfied client.

Specialties:
Negotiation Expert, Resale Residential, Rentals

Cathy Poungmalai
LISTING SPECIALIST & BUYER’S AGENT

A prime example of the American Dream. As a child of military parents, Cathy Poungmalai has traveled the world and met career professionals of all variety. With a heart for design and a background in the service industry, Cathy could have chosen any career. Instead, on October, 2001, Cathy Poungmalai became a real estate agent. With drive and tenacity, Cathy quickly rose to the top 1% of Realtors, by building a great team and implementing a strategy that helps 70% of her clients net above list price on the sale of their homes. When asked what other career she would choose today, Cathy said, “A Real Estate Agent”. Which is why her company tag line is, “Love Your Home. Love Your Neighborhood”.

Specialties:
Upsizing, Downsizing, Negotiation Expert, Accredited Staging Professional (ASP), Senior Real Estate Specialist (SRES)

Ginger P. King
BEST REAL ESTATE AGENT AND TOP PRODUCER

Designated Best Real Estate Agent by Washingtonian Magazine 2015 and #4 in the Company Top Ten in 2014, Ginger is a Life Member Northern Virginia Association Top Producer. She is a native and resident of Vienna, VA, and as the daughter of a builder, she loves residential real estate marketing and sales. Ginger is a licensed realtor in Virginia and Florida and specializes in residential real estate sales in Northern Virginia—especially, Vienna, Fairfax, Oakton and nearby. She has a number of real estate designations and enjoys tennis and golf.

Specialties:
Accredited Buyer Representative (ABR), Accredited Staging Professional (ASP), Graduate Realtor Institute (GRI), Senior Real Estate Specialist (SRES)

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Ginger P. King
BEST REAL ESTATE AGENT AND TOP PRODUCER

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703-477-8793
465 Maple Ave West
Vienna, VA 22180
Richie Hanna

REAL ESTATE CUSTOMER SERVICE EXPERT

Richie is an award winning sales professional that has worked in the sales/customer service industry his entire adult career. Over 20 years of sales experience perfected his skills needed to not only achieve his client’s expectations but exceed them! Acquiring knowledge of schools, commute, surrounding amenities, and indispensable business relationships supplies him with the ability to help you buy or sell with the utmost confidence. If you are looking for a Real Estate Customer Service Expert that sets their expectations high, is totally up front with you, thrives on customer satisfaction, and is a fearless yet perfect negotiator then “Real Estate Richie” is the right agent for you. Richie takes great pride in the relationships he builds and always works relentlessly to ensure his clients best interest!

Specialties:
- Over 70+ Five Star Reviews on Zillow and Google
- 99.8% Sale Price to List Price Ratio
- 12 Days on Market Average
- 30+ Homes Sold Per Year
- Integrity - Service - Results

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www.richiehanna.com

Lori Shafran

OVER 100 YEARS OF REAL ESTATE TRADITION

With over 35 years of career experience in residential real estate sales, luxury home sales and marketing, office leasing and real estate settlement services, Lori has in-depth knowledge and experience in the Northern Virginia housing market and provides her clients with a comprehensive level of support in buying or selling their home.

In every real estate transaction, her focus is to meet and exceed the needs of her clients. She is committed to providing personalized sales support with attention to detail and responsive service—working closely with each buyer or seller to carefully understand their specific goals and needs of home ownership.

Whether the purchase or sale is a single-family home, townhouse or condominium, she provides clients with the information they need to make wise investment decisions in buying or selling a home.

Her background in real estate settlements is a powerful asset to both her selling clients as well as purchasers. With an in-depth understanding of the settlement process as a former settlement agent, she is able to share this knowledge and successfully guide her clients through all phases of selling or buying a home—from contract to closing.

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Kevin Kleifges
SOMEONE WHO KNOWS THIS AREA INSIDE AND OUT!

As an agent who’s an expert in this local area, Kevin brings a wealth of knowledge and expertise about buying and selling real estate. Kevin is someone you can trust for up-to-date information who is eager to serve you. If you need to find your next home, Kevin will find you the ideal property at the right price for you, including all the neighborhood amenities that matter.

When it’s time to move, Kevin will handle advertising your home, showing it prospective buyers, negotiating the purchase contract, arranging financing, overseeing the inspections, handling all necessary paperwork and supervising the closing. He can take care of everything you need, from start to close. Consult with Kevin on Home Selling Tactics. His experience in home staging can be the difference between a home resting on the market and one that’s sold fast.

Specialties:
Find a Home, Sell a Home
Consult on Home Selling Tactics

Poppy Cole
EXCEPTIONAL RESULTS ...ONE CLIENT AT A TIME

Poppy completely understands that no two transactions are the same. Each transaction involves different people with different driving forces, different seasonal markets, locations, and property features. Poppy’s background in nursing with its lessons in assessment, analysis, listening and team management are vital tools in a Real Estate transaction. The ability to bring these tools together and use modern technology in marketing and targeting specific audiences are a winning combination for clients. Having grown up in the Northern Virginia area, Poppy is familiar with the different neighborhoods and what they have to offer. A full-time Realtor since 2002, consistently a top 100 Mid Atlantic Coldwell Banker Realtor, and a Certified Negotiation Expert, Poppy has the experience to deliver successful results for her clients.

Specialties:
Certified Negotiation Expert

Dave and Joanne Adams
CERTIFIED LUXURY HOME MARKETING SPECIALIST

After 19 years as a retail business executive with extensive marketing and negotiation skills, JoAnne transitioned into Real Estate. Dave served 21 years with the United States Secret Service before transitioning into Real Estate. His unique knowledge of Northern Virginia and the Washington D.C. area has proven beneficial to their clients. Dave and JoAnne have been Northern Virginia residents since 1991 and work together as a team. They understand the stresses of relocating, having moved several times when Dave worked for the Federal government. Dave’s relationships here and abroad, their knowledge of sophisticated database technology, analytical approach to tasks and commitment to service, honesty and integrity are the cornerstones of the Dave and JoAnne Adams Group.

Specialties:
Military Relocation Professional (MRP®)
Seller Representative Specialist (SRS®)
Certified Luxury Home Marketing Specialist (CLHMS®)

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Long-loved local restauranteurs are doing everything conceivable to respect social distancing guidelines and safety protocols so that they can continue to welcome guests and allow them to feel confident about dining – especially outdoors. Their creativity has been unleashed. Their imaginations are on fire.

Peggy James, Executive Director of the Vienna Business Association (and the Greater Merrifield Business Association) expresses the sincere thanks we all feel. “The VBA is so grateful to the Vienna restaurants who have worked so tirelessly to bring us amazing and safe outside dining areas in addition to the wonderful curbside and food delivery options. The extra effort and investment it takes to create these outside dining experiences is staggering, but is such a lovely retreat (and treat!) from an otherwise COVID isolation lockdown at home.”

It is touching to behold to this mutual respect, but also the unwavering support of the community. Tireless advocate Lydia Russo and her Vienna VA Foodies Facebook group have also been such a tremendous help in keeping the Greater Vienna eateries afloat during these challenging times. The community has really rallied around the restaurants. With over 7,500 members, the Foodies have “created a huge buzz around all of the restaurants and have helped keep many of them in business with their reviews, pictures, and calls to action to support!”

The restaurants have been here for us the whole time. It is our turn to return the favor. It is time to support our favorite neighborhood venues now more than ever. They appreciate it more than you will ever know. We will get through this—together.

*L’Auberge Chez François & Jacques’ Brasserie—Keeper of Memories*

Set on six acres of the bucolic Great Falls countryside, L’Auberge Chez François and Jacques’ Brasserie offer room to roam—and plenty of space for social distancing. Chef Jacques Haeringer’s raison d’être is to share his love of good food and wine. This is still the place to celebrate the moments of your life.

Innovation abounds. Opt to dine in a serre—one of the new individual or group greenhouses. Comfortably shielded from the elements, it was nice and cozy to dine in style with my Wolf Trap blanket on my lap. “Jacques’ is hands-down my favorite place in Great Falls, and they have done an amazing job pivoting during these challenging times without sacrificing their incredible food and top-notch service. It was quite an experience dining al fresco in the ‘serre’ right next to the lovely garden where they source many of their ingredients. If anything, their new set-up makes you feel even more like you’ve been transported to the Alsatian countryside,” notes longtime res-
ident, local Bic de Caro & Associates real-
tor, and active member of the Great Falls
community Kristin Leinberger Dailey.

“I send half our clients here. Having this
in our own backyard is one of the reasons
that makes people want to call Great Falls
home. Jacques has hosted many a Great
Falls Friends & Neighbors event here.”

Right out of the gate, start with a skill-
fully crafted cocktail. Dans L’Avenue (On
the Avenue) presents Catoctin Creek Rye
Whiskey, cherry liqueur, and Averna. La
Feuille d’Érable (Maple Leaf) features Mak-
er’s Mark Bourbon, thyme, maple syrup,
and lemon.

The house apéritif, L’Apéritif du Patron,
combines Crémant d’Alsace, Framboise,
and Chambord punctuated by a raspberry
in that authentic green-stemmed Alsatian
glass, and pairs nicely with their exquisite
raspberry soufflé, providing an excellent
reminder to order this hot-from-the-oven
work of art in advance. The Grand Mar-
nier version is also impressive. And with
chocolate and hazelnut also on the agen-
da, it makes for a sumptuous finale any
way you go.

Stand-out starters include chilled coquille
of seafood (shrimp, crabmeat, lobster, scal-
llops, and salmon with a garden herb re-
moulade sauce,) escargots de Bourgogne,
and a crêpe stuffed with a duxelle of wild
mushrooms with a tomato concassé in Ma-
deira sauce.

A house delicacy is braised wagyu beef
checks with wild mushrooms, sherry wine
sauce served in a darling little stoneware
cocotte. Specials include veal Cordon Bleu
with Gruyère cheese and garden spinach
with a mushroom sauce—a fall take on
their usual veal scallopini with Virginia
ham, crabmeat, mushrooms, and cream
sauce. And the rainbow trout filets are a
perennial favorite—the perfect light and
delicious go-to year-round.

In addition to Chef Jacques, this polished
team includes Director of Wine Opera-
tions, brother Paul Haeringer, Brasserie
Manager Danny Guevara with his dignified
yet warm bearing, and the effervescent and
welcoming Director of Marketing Carol
Huebner.

This country inn is as garden-to-table as it
gets, as greens are picked for the evening
meal. During my stroll around the gardens,
I had a chance to chat with gardener Ed-
win, who tipped me off that you can use
green tomatoes or tomatillos for green sal-
sa as he was harvesting the last of the sea-
son in the setting autumn sun.

L’Auberge Chez François Wine Fest
Chez Vous (Wine Fest To Go)
The L’Auberge Chez François Wine Fest
Chez Vous for two or four include som-
melier-selected red and white wines from
their award-winning cellar, house-made pâ
té and famous Alsatian Bibelskais, arti-
sanal cheeses, and multi-grain rolls.

Now also available is Jacques’ Brasserie
Chez Vous with same zero-contact pick-
up, so that you may enjoy all your favorites
at home. Call in orders by phone or order
online. Then just pick up curbside in the
parking lot. Coming up, look for Thank-
giving Chez Vous in addition to the gra-
cious dining room service inside, recently
returning at 45% capacity. Bon appétit!

Alsation Oktoberfest Experience
On Sunday, October 4, 2020, L’Auberge
Chez François celebrated their very first
Alsatian Oktoberfest on the charming
garden terrace under the covered Grande
Tente with its café bistro lighting. Chef
Jacques’ traditional six-course menu fea-
tured classics from their French-Alsatian
heritage, Papa’s homeland, bordering Ger-
many.

The festivities included Oktoberfest accor-
dion music and awards for those dressed
in their finest Lederhosen and dirndls.
Libations included Alsatian white wine,
and their own Papa’s Pilsner Beer and Rhi-
nO’fest Märzen-style Octoberfest Lager,
crafted by Lost Rhino Brewery. Appetizers
included Papa’s Soupe à l’Oignon Gratinée
and Chef Jacques’ savory Alsatian Tarte
Flambée with caramelized onions and ap-
plewood-smoked bacon.

Entrée choices presented two versions of
Choucroute—traditional Alsation Sauerk-
raut, one with bratwurst and duck confit;
the other with halibut, salmon and trout
- or Beef Bourguignon in a Cabernet wine
sauce. And top it off with a honey-glazed
apple tart with Tahitian vanilla ice cream.

Whatever the occasion, this treasured es-
tablishment, marking milestones for the
last 44 years, is the keeper of memories for
many. Maybe it’s time to make your own.

L’Auberge Chez François &
Jacques’ Brasserie
332 Springvale Road
Great Falls, Virginia 22066
www.laubergechezfrancois.com
Ristorante Bonaroti has held a place in the culinary landscape of Vienna since 1982, providing classic Italian cuisine in a romantic atmosphere for the last 38 years. Recently they added a tented area adjacent to their outdoor patio, where one can enjoy a sunny al fresco lunch or candlelit dinner.

“I want to thank the town of Vienna for supporting us during this time. We’re just trying our best, like everybody else,” says owner Sergio Domestici, who hails from the region of Liguria in Italy.

To start, the crispy bread, including delectable rosemary-spiked focaccia, is always a welcome sight, accompanied by flavorful sundried-tomato spread and tapenade. The wine list offers varied selections from Italy and beyond, including many by the glass.

Antipasti, or appetizers, abound. Vongole Cinque Terre, fresh clams in a lemon, white wine and spicy garlic sauce, is named after the area that Sergio comes from originally. One you don’t come across every day is the Carpaccio di Filetto, thin slices of filet mignon marinated with lemon, and extra virgin Italian olive oil, served with shaved parmesan cheese. Similarly, they serve a Carpaccio of tuna or salmon, served with red onions and capers. Bresaola Contadina, thin slices of cured beef rolled up with buffalo mozzarella and a touch of olive oil and lemon, is something I have enjoyed since I first tried it on the shores of Lago Maggiore in northern Italy long ago.

Pastas are all made in-house every day at Bonaroti, including Tortellini Casalinghi alla Panna, stuffed with ground veal in a cream sauce, and Cannelloni Gratinati, crepes filled with veal and topped with meat sauce and a touch of béchamel. The spinach and cheese ravioli with a cream sauce—or better yet, gorgonzola sauce—takes me back to my favorite trattoria in Rome, just steps from the Fontana di Trevi.

Other dishes are named after spectacular towns in Liguria. Pesce Spada Portovenere is swordfish served with Italian olive oil with white wine and fresh herbs, served with fettuccine with pesto sauce. I can recall strolling through the colorful harbor in Portovenere up to the cliff overlooking the Bay of Poets so beloved by Byron and Shelley. Of course seafood features prominently on the menu.

Yet scaloppine dishes are always a favorite at Bonaroti as well. Saltimbocca means it “jumps in your mouth,” and rightly so, with that savory balance of sage and prosciutto. Scaloppine Triestina blends the intriguing flavors of cognac, mushrooms, and cream, accompanied by sun-dried tomato polenta for a wonderful fall treat.

Restaurants can represent many things to many people—an escape to unknown lands with exotic dishes, or a place to reminisce and revisit places and flavors one has enjoyed in the past, as in my case with Italy. Especially these days, with travel so limited, it is more important than ever to nurture our spirit of exploration in creative ways. So although you may not be taking that tour of Italy any time soon, in the meantime, you can embark on an excursion of Italian gastronomy—without even leaving your zip code.

Ristorante Bonaroti
428 E. Maple Avenue, Vienna, VA 22180
www.bonaroti.com
**Ristorante Bonaroti**

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Est. 1982
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**Taste**

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**PaSa-Thai**

**Restaurant & Bar**

Authentic Thai Cuisine

“Love the Pad-Thai! This place is great for a good value and yummy meal. My family loves the pad Thai and chicken panang curry.”

Neighborhood favorite PaSa-Thai is a McLean landmark for classic noodles, rice dishes, and veggie choices in a warm, modern setup with a bar and outdoor patio seating.

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“Felice Anno Nuovo”

(Happy New Year!)

Sergio Domestici and the Bonaroti family extends its warmest wishes for a safe, healthy and prosperous New Year.

Since 1982, Sergio Domestici’s classic Italian cuisine has received acclaim from all major magazines and critics in the Washington Metro area.

Warm and romantic, Bonaroti’s is a favorite of Italian fine dining patrons and enjoys the praise of visiting dignitaries and the stars.

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Ristorante Bonaroti

428 East Maple Ave, Vienna
703.281.7550 | BonarotiRestaurant.com
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PaSa-Thai

1315 Old Chain Bridge Rd
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Just outside the entrance to Nostos, you will encounter a spacious and elegant tent with faux Palladian windows punctuated with strands of white lights, a continuation of the sleek and stylish interior. White tablecloths and black napkins adorn comfortably distanced tables illuminated by dimmable, rechargeable lamps—the latest find from Greece by charming owner Peter Pagonis. Scan the QR Code on the welcoming little card before you to access the menu and it will direct you straight to the website. So slick.

The décor inside brings you back to an era of class and refinement – black and white photos of Elizabeth Taylor and Jackie Kennedy Onassis walking in the Akropolis while visiting Greece in their heyday artfully grace the walls. In essence, reminiscing about times past and treasured memories is a recurring theme throughout.

The very word ‘nostos’ morphologically shares the same Greek root as nostalgia, and signifies a return to one’s origins—that wistful longing for long ago. Peter experienced this as well for his Greek homeland, just as Odysseus did on his epic voyage so long ago.

Simultaneously respecting the classics and redefining the cuisine, “At Nostos, we wish to share this past with you and stimulate your senses with a variety of traditional and new Greek dishes. Nostos presents a fresh, modern take on Greek culinary culture.”

Nostos also boasts an extensive wine list—many by the glass—of over fifty distinct wines from several different regions of Greece, “a country where Dionysus, the mythical god of wine, has been worshipped for thousands of years.”

Tease your palate with a dip combo, selecting from tzatziki, Greek yogurt with cucumber, garlic, and herbs, melitzanosalata, roast eggplant whipped with olive oil, garlic, parsley, and lemon; tyrokafteri, feta cheese and hot pepper; taramosalata, lemony mousse of fish roe; or fava santorinis, fava beans puréed and topped with olive oil and onions. A Greek salad is always a fresh start to a meal. And traditional avgolemono is a comforting yet savory chicken soup with an egg-lemon finish.

“Small plates, or mezedes, are an integral
Taste

branzino, is served whole and deboned tableside, which you don’t see every day. This Mediterranean bass has a delicate, mild flavor and is undeniably, delectably tender.

Authentic moussaka to-order consists of layers of thinly sliced baby eggplant, zucchini, potatoes, and seasoned ground beef topped with a rich béchamel. Several succulent lamb dishes round out the menu of essential Greek fare.

On to dessert. Save a little space. Galaktoboureko makes a memorable appearance. This irresistible creation, a heavenly, crispy semolina custard wrapped in phyllo, sprinkled with honey and cinnamon, pairs beautifully with the dessert wine Vradiano, punctuated by hints of roses, honey, orange blossom, and herbs with a nuance of butter candy.

Conveniently, Nostos also offers curbside pick-up or delivery within five miles. Currently, when you order to-go online, you can enjoy a Greek wine for 50% off. Also, use promo code 1234 for a 10% to-go discount. For a delightful and unexpected treat, they always include one of their signature desserts – portokalopita, or orange cake to enjoy.

With responsible safety measures in place, Nostos can be enjoyed al fresco or at distanced tables inside through the autumn and winter.

Allow yourself to be transported only for the evening to the legendary Greek Islands. Let the wind fill your sails, as did Odysseus so long ago. Indulge in the epicurean desires of fine food and drink, following the wisdom of ancient Greek philosopher Epicurus, from whence that word springs forth.

And after an enchanting experience at nearby Nostos much closer to home you will certainly set your compass in this direction to return yet again and again.

Nostos
nostosrestaurant.com
8100 Boone Blvd.
Vienna, VA 22182
(Direction Tip: Aline Avenue & Leesburg Pike behind the Shell)

The succulent Chilean sea bass served over spanakorizo. Seasonally, Nostos offers a halibut fillet served over sautéed spinach and topped with grape tomatoes, capers, olives, and spring onions. Lavraki, also known as part of Greek dining and reflect the idea that eating is about sharing and socializing.”

Melitzana Fournou consists of layers of eggplant cooked with onions, tomatoes and feta cheese. Perennial favorite spanakopita is crisp layers of phyllo filled with spinach, feta cheese and scallions. Garides Saganaki presents a well-orchestrated combination of sautéed shrimp with feta cheese, tomatoes, onions, pine nuts, and raisins. This dish shares a name with the cheese dish Saganaki—which is a real show-stopper. Flavorful kefalograviera cheese is set aflame before you and then spritzed with lemon. The theatrical aspect is a riveting escape from the everyday.

Don’t forget to consult the map before you read the menu. Greece is an island archipelago. Translation? Order fish. “In Greece we say when fish is fresh, all you need is a little olive oil and lemon.”

The succulent Chilean sea bass served over spanakorizo. Seasonally, Nostos offers a halibut fillet served over sautéed spinach and topped with grape tomatoes, capers, olives, and spring onions. Lavraki, also known as
Spirited Inspiration
by Allison Chase Sutherland

Star restauranteurs in our local culinary constellations have emerged with innovative approaches to make dining enjoyable and accessible to us all. Delicious, engaging, and safe. Chef-owner Jon Krinn of Clarity, Vienna’s own upscale American dining spot, turned on the proverbial dime and proved he was up to the task, first by converting the outdoor parking lot into drive-up tailgate tented dining in alternate parking spaces. And when tenants in the building vacated the private offices upstairs, he cleverly converted them into intimate and secure dining pods.

In fact, others in the community look to his expertise for solutions. A recent round-table discussion, Restaurants: Winterizing your Outside Business Area, featured Jon as moderator. His outlook is that challenges are opportunities. He applied his inspiration toward diversification. For one, Clarity now features comfort food in addition to its more typically discerning fare. And his foodie fans followed. Lydia Russo of the Vienna VA Foodies reveals, “I used to have to go to Texas for good brisket. Now I just go down the street.”

“I’m extremely grateful that I have a clientele that is up for trying all my ideas, whether it be tasting menus, barbeque, oysters, or cigars. This year I feel like I have opened at least to new restaurants—all under the same roof. I’m always hoping my hunches align with what people are looking for at a particular time or mood,” shares Jon in all sincerity.

And follow him they do. Clarity aficionado and frequent return visitor Shellie Kurek Peters of Oakton is always game for an adventure. She enthusiastically attests, “Without fail, every time I have eaten at Clarity I have had a wonderful experience. The food is always creative, the wine and bourbon (oh my!) are exquisite and Jon makes sure to make everyone feel like they are an old friend who has come to visit.”

Takeout is available as well. Jon posts each night’s menu at 5:15 pm on www.clarityvienna.com (click food and drink tab). Text your order to 703-539-8400, allow 45 minutes for preparation, and pay when you arrive.

Jon Krinn has always been passionate about his craft. Indeed, recently he has further expanded his realm to explore the world of spirits—and introduce it to us in an exquisitely synthesized tasting menu.

On September 23, he presented Let Me Proof it to You: An Exploration of Whiskeys of varying proofs, 90-125, featuring bourbon picks you can’t buy at stores—including some of his own barrel picks—paired neat with light and flavor-intense umami-rich grill and barbeque plates. These bourbon, scotch, and whiskey selections—including Jon’s Wilderness Trail Clarity Barrel Pick

Taste
Rye, Rabbit Hole Derringer in Px Casks, his Driftless Glen Clarity Barrel Pick Rye, and Glenlivet Nadurra Scotch—represent spirits made extremely well at their respective proof. “In a cocktail, the base spirit makes a huge difference.”

While exploring the multifaceted nature of wine may have appeared on our radar for some time now, we may not have been aware of all the elements to consider when selecting a whiskey—color, char, flavor—and the nuances they reveal. Certainly eye-opening for me. And it’s always fun to discover something new with friends.

Courses of seared Carolina wild albacore tuna topped with a savory brisket jerky, and the decadently flavorful Brazilian prawn Rockefeller reflected the nuances of the spirits. An inventive final touch was the Make Your Own S’mores over the wood fire, paired with Rua Single Malt Whiskey from the Great Wagon Road Distilling Company.

The center of gravity is the open kitchen—they relocated it outdoors beside the covered patio, complete with a smoker and Argentine-style grill, where diners can see their dinner being prepared before their very eyes. The result is a really cool vibe. Vienna Foodie Lydia Russo, herself a star supporter of all things culinary in Vienna, describes the blissful dining experience at Clarity. “An escape—a time of happiness, calm, and delight.”

“You only live once. You might as well do it right,” Jon reminds us. And part of doing it right is giving back to this tight-knit community, taking care of our hometown heroes by making and delivering his father’s famous focaccia pizza to medical workers and firefighters at the Vienna Volunteer Fire Department.

As we head into fall, envision being bundled up under a blanket around a fire pit to partake and imbibe. Jon expresses it most succinctly. “Dress appropriately and keep supporting everybody.”

We’ll all get through this—together. Thanks, Jon Krinn of Clarity, for making it a little easier—and much more delicious—for everyone.
Although Virginia wines are fabulous on their own, we’re enjoying them in new and creative ways, with wine slushies, Frozés, and wine cocktails making their way onto the scene.

Wine-based cocktails have been gaining in popularity—especially among the millennial crowd. They can act as an introduction to wine in younger (but of legal drinking age) consumers and because of their often fruity base, they are instantly familiar. Two of the most popular and recognizable wine cocktails are the Sangria and Mimosa.

**A Demand for Something New**

The traditional definition of a cocktail is the combination of a distilled spirit, sugar and a bitter. Substitution can be made by using an aged or fortified wine as the distilled spirit, sparkling wine as the sweetener and vermouth as the bitter. The addition of fruits, infusions, and flavorings leads to any number of combinations.

Bartenders and mixologists who seek to create new experiences for their patrons can create a new experience for their customers by using unexpected ingredients in their craft cocktail. Or consumers looking for a change from their usual favorites can turn to wine as a lower-alcohol alternative to higher-alcohol-content spirits. What’s interesting is that the creativity in mixology has actually created a demand for something better and new. Enhanced flavor profiles and higher-quality cocktails are the result.

**The Variety is Wide**

Wine mixology can range from the simple, like a light wine spritzer, to the complex, incorporating spirits, botanicals, aromatics and syrups. Using a sparkling wine like a Champagne, Prosecco or Cava can result in a lovely wine spritzer-type cocktail that tickles the nose with its tiny bubbles, while whiskeys and bitters add sophistication. Even Port-style wines and Sherries can help concoct a delightful wine cocktail.

The next time you visit one of our beautiful Virginia wineries, see if they have a wine cocktail on the menu. In the meantime, try some of these wine mixology recipes at home.

### Wine Mixology Recipes

#### Sun Kissed

**Ingredients:**
- 4 ice cubes
- 1 ¼ cups orange mango frozen concentrate
- ¼ cup Gewürztraminer
- ¼ cup Sprite
- Orange peel

Place ice in glass. Add orange mango frozen concentrate. Pour in Gewürztraminer, then add Sprite. Stir and garnish with orange peel. Makes 1 drink.
**Red Raspberry**

Ingredients:
- 4 ice cubes
- 1 cup Pinot Grigio
- 1 cup Berry LaCroix
- 1 small scoop low-sugar raspberry sorbet
- Raspberries for garnish

Place ice in glass. Pour in Pinot Grigio, then Berry LaCroix. Add sorbet and stir. Garnish with raspberries. Makes 1 drink.

**The Paysan**

This is one of the favorites from Washington DC’s Poste restaurant in Penn Quarter.

Ingredients:
- 1 pint Pinot Noir
- 1 cup cranberry juice
- 4 oz. orange juice
- 4 oz. raspberry liqueur
- Ice cubes
- 3 oz. Sprite, chilled
- 6 twists each lemon, lime and orange peel for garnish

In a pitcher, combine the wine, juices and raspberry liqueur. Chill in refrigerator about 2 hours. Stir well and pour into ice-filled glasses. Top each drink with ½ oz. Sprite and garnishes. Makes 6 drinks.

**Vino Francesca**


Ingredients:
- 1/3 cup honey
- 1/3 cup boiling water
- 15 sage leaves (plus extra for garnish)
- 750 milliliter bottle of Rosé
- Ice
- Lemon twists for garnish

In a small, heatproof bowl, stir honey into the boiling water until dissolved. Add sage leaves and muddle them with a wooden spoon. Let syrup cool slightly, then strain into a pitcher, pressing on the sage leaves. Place ice in glass. Pour in Pinot Grigio, then Berry LaCroix. Add sorbet and stir. Garnish with raspberries. Makes 1 drink.

**Fall & Winter Sangria**

Ingredients:
- 1 apple, thinly sliced
- 1 pear, thinly sliced
- ½ orange, thinly sliced
- 2 TBSP sugar
- ½ tsp cinnamon
- 1 750 ml bottle dry red wine like Rioja
- 1 750 ml bottle Sparkling Cider
- Cinnamon stick, rosemary sprig, orange slices for garnish (optional)

Place apple, pear and orange slices into a medium bowl. Stir in sugar and cinnamon. Transfer this mixture to a large pitcher and allow to stand for 1 hour. Then pour in red wine. Use immediately or chill for up to 3 hours.

To serve, fill glasses with ice, fill halfway with sparkling cider, then fill to top with red wine mixture. Garnish as desired. Makes 10 drinks.

**Red Wine Hot Chocolate**

Ingredients:
- 1 cup milk
- ½ cup chocolate chunks
- ¾ cup Red Wine
- ½ tsp vanilla extract
- Homemade marshmallows
- Cocoa powder for garnish

Heat milk in saucepan on medium until simmering, but not boiling. Add chocolate chunks and stir until melted and mixture is smooth. Turn off heat and stir in the red wine and vanilla extract. Pour into individual mugs and top with marshmallows and a dusting of cocoa powder. Makes 2 drinks.

Sign up for the Wine Mixology Classes at Little Washington Winery and learn how to concoct cocktails like Persimmon Cardamom Spritz and the Bees Knees Wine Cocktail.
The COVID-19 pandemic has created a lot of challenges and misery in 2020, and questions still linger about when it will be safe to return to normal activities and start seeing friends and family regularly again.

With the holiday season upon us, the impact of the pandemic is being felt a little bit stronger, and people are trying to find ways to celebrate and take part in some of their favorite holiday traditions.

The problem is, many have already been cancelled due to safety concerns. That means, no Scottish Christmas Walk Weekend in Alexandria this year, no Christmas in Middleburg celebration and even the Jingle on Lake Anne in Reston is taking the year off.

But don’t despair. We’ve found plenty of fun things that people can do during the holidays to keep traditions alive and keep people from having a Blue Christmas.

Meadowlark Gardens Winter Walk of Lights at the Meadowlark Botanical Gardens in Vienna will once again be presenting a spectacular holiday light display, and is not letting COVID ruin the festive favorite. Enjoy a half-mile walk through a dazzling garden trail adorned with thousands of sparkling lights featuring outdoor themes and animated displays spread along a paved, wheelchair and stroller-accessible trail.

Even when the weather is chilly, the Winter Walk is a fun way to bundle up and celebrate the holidays with family and friends. To protect the health and safety of employees and guests, the Meadowlark Botanical Gardens is following social distancing standards recommended by the Center for Disease Control. Meadowlark’s Winter Walk of Lights is open nightly Nov. 11 through Jan. 3, 2021.

Fairfax will be holding its annual Festival of Lights and Carols with socially-distant caroling and a Christmas tree lighting at Old Town Square, 10415 North St., beginning at 5:30 p.m. S’mores and hot cider will be available. A holiday market will accompany the festival during the weekend.

While the City of Fairfax’s 34th Annual Holiday Craft Show has been canceled, those behind the show are planning a virtual craft show so people can still talk with artisans and get some great gifts for the holidays. As of press time, details were still being worked out, but it was believed it would be held sometime in late November. For information, visit www.fairfaxva.gov.

The 30th Annual Reston Holiday Parade is currently scheduled to take place at the Reston Town Center from 11 a.m. to noon on Nov. 27. The day will include plenty of “community, charity and cheer” and will include a visit from Santa Claus himself.
As always, the day will include a sing-along, a horse drawn carriage and a tree lighting to end the event.

Reston Town Center will also be home to the numerous holiday performances by local performers and groups at the Promenade Saturdays and Sundays, Dec. 5-20, from noon to 4 p.m.

The performance schedule will be released in late November and available at www.restoncommunitycenter.com.

The Bull Run Festival of Lights has been a Northern Virginia tradition for many during the holidays, and since participants stay in their own cars while viewing the lights, COVID will not make much of an impact.

The Festival of Lights boasts 2.5 miles illuminated by holiday light displays and is the season's best, brightest and socially distant activity to enjoy with your family and friends. This year, Bull Run has added three extra weeks to the showings, and it will be open from Nov. 6 through Jan. 10.

Due to the pandemic, fire pits, merchandise sales, photos with Santa, the craft area and indoor food and drink sales will not take place this year, but in its place, guests are invited to enjoy a walk through an area full of lights and take photos and even ride camels. The 2020 Snowflake Stampede will also not take place this year, and the decision on the winter carnival will be made at a later date.

The Gaylord Resort’s Christmas on the Potomac is always a fun family gathering, as there are acres of decorations and holiday activities and attractions designed for making lasting holiday memories. As of press time, no decision had been made on whether the annual ICE at National Harbor attraction, which takes place in a chilly 9°F, will take place. Past ICE shows have featured holiday scenes from The Grinch and Rudolph the Red Nosed Reindeer, made from 2 million pounds of ice, and there’s also ICE slides to enjoy. Everyone is hopeful that it can still take place with socially-distance practices in place.

For those wanting to venture to D.C., the US Botanic Garden always has an amazing holiday display, which begins on Thanksgiving Day, and features unique décor and the largest living decorated indoor tree in the D.C. region. There’s also an elaborate model train display featuring iconic train stations from around the United States.

Outdoor enthusiasts, or those who just want to start 2021 on a healthier path, can take part in First Day Hikes at all 38 Virginia State parks on Jan. 1. An initiative of America’s State Parks, First Day Hikes offers everything from short strolls to vigorous hikes, and encourages everyone to start the New Year off in the great outdoors.

There will also be plenty of houses and neighborhoods decking out their homes for the holidays, so jump in the car with family and take a ride at night and view some of the great Christmas light displays in our neighborhoods. We at VivaTysons would love to see your displays, so visit our Facebook page and post photos, and let others know of where they can see fun and festive displays.

Please keep in mind that the world is ever-changing and COVID may impact some of the events mentioned above, so please check before making plans. Happy holidays to all!
You may or may not have noticed, but there has been a huge growth in the population - of puppies!

Congratulations if you are one of the many, whom, over the course of the past several months of social isolation, have realized that pets may make better, safer companions than people do, and have adopted that puppy you or your family have always wanted.

You have a new friend, family member, walking partner, hobby and responsibility all rolled into one adorable, loving, living, breathing unpredictable baby who is and will forever be completely dependent upon you for the rest of their lives. Sorry to make it sound a bunch more serious and less fun than you thought it would be, but let's face it, unless you are a seasoned dog whisperer, the “puppymoon” is over and you've probably realized that puppies are a lot of work and you may need help.

Veterinarians have definitely noticed. New puppies are arguably the most fun part of our jobs. Veterinary Hospitals and clinics all over the country have been inundated, however, with new puppy visits, in addition to usual well visits and more frequent sick and injured visits that usually happen when people are around their pets more and notice minor problems that may had gone unnoticed. People have found that it has been difficult to even get an appointment within a few weeks- almost as long as a wait for human doctor appointments. Please be patient with us! There is a shortage of veterinarians. We are working around COVID 19 restrictions with shortened hours and we are missing our high-risk staff members who have been furloughed or are working from home until it is safer for them to be at work.

Many “puppy parents” are not happy with curbside service but if ANYONE in a clinic gets sick the whole place would need to close for a while until the whole staff gets tested and quarantined and during that time no pets could be seen or cared for. It has happened to more than a few local clinics. If you are worried about how your new pet is being treated while you are out in your car then, please, have no fear. They are being played with and adored by the veterinarians and staff. Most pets (and vets) are more relaxed than usual without all of the noises and commotion there can sometimes be with a full waiting room. Most of us slightly introverted veterinarians are able to let down the professional image and be a little silly with our patients. We LOVE it. Playing with puppies can offset the more difficult, serious cases and help us focus on some positives when we go home at night.

Veterinarians are also having some difficulties by not having parents in the with
them too. We are wearing masks all day for 12-14-hour days because we can’t socially distance from each other, and we are having to explain some difficult things over the phone instead of in person. Most of us are only making exceptions to allow parents to spend last moments with pets that are passing. Puppy visits are also tough because we usually like to show people how to trim nails, brush teeth and give ear cleaning and training demonstrations. Hopefully you’ve had at least one or two conversations and have been well informed about necessary vaccinations and schedules, testing for parasites, and administration of preventative medications. It’s also important to learn about wellness plans and pet insurance, animal poisons and spaying or neutering pets for their health and prevention of unwanted litters. This is in addition to learning about crate training, leash walking, feeding, potty training, and prevention of illnesses and accidents, aggression and bad behaviors.

There is so much to learn and we expect there to be a lot of questions, but a lot of times vets will have to stay several hours past appointment times to call and answer these questions, so again, please be patient with us. If you are having a difficult time getting answers to your puppy care questions or need some puppy care techniques demonstrated, feel free to visit my Instagram page and ask away. I cannot give specific medical advice but if you have basic care questions or would like to clarify directions that your veterinarian has given then please ask away. I am still working full time and still learning how to post videos so, again, don’t ask about anything urgent, please go to your veterinarian or local Veterinary Emergency Clinic for immediate care.

We hope that your new pandemic puppy is well on their way to being a well-adjusted well-behaved, happy family member and a wonderful companion for socially distanced activities for you and your whole family to enjoy while staying home until it is safer to go back to work and school and out in groups.

Also, feel free to send me photos of your pet Halloween costumes to post on my page! Instagram: pauladvm.pet.life.coach
The end of the year can be busy, but there are a few things you should review every year to make sure you are making the most of your money. Below is a list of items I review with my clients that you may find helpful as this year draws to a close.

**Investments**

**Review Tax Losses**—If you have investment positions that have suffered losses, consider selling them to offset gains and reduce taxable income. Remember the IRS only allows $3,000 of losses per year, anymore will carry forward to next year and beyond until used up.

**Rebalance Accounts**—If you haven’t been regularly reviewing your investment accounts the end of the year is a great time to review your overall investment allocation and make sure it aligns with your goals.

**Consider a Roth Conversion**—If you’re unable to contribute to a Roth IRA directly because you don’t qualify, you may benefit from contributing to a Traditional IRA, then converting the funds to a Roth IRA.*

**Health & Benefits**

**Review Your Employee Benefits**—Open enrollment is typically in December if you’re employed. Consider taking advantage of all available options, including a flexible spending account, health savings account, life insurance and more.

**Check Your FSA**—If your employer’s Flexible Savings Account (FSA) plan does not allow rolling money over into the next year, make sure you spend the balance on qualified expenses so you don’t lose out.

**Income Tax Planning**

**Adjust Your Withholdings**—Adjust income tax withholdings and/or estimated payments to avoid a big refund or tax owed.

**Reduce Your Income**—Reducing your taxable income can save you quite a bit. If you are eligible, consider contributing more to your retirement plan and HSA.

**Prepay Charitable Gifts**—Thinking ahead about next year’s charitable gifts may allow for a larger tax deduction this year, if you pay out the money this year of course.

**Retirement Planning**

**Review 401k and IRA Contributions**—Maximizing the amount you contribute takes advantage of available tax deductions and employer matching contributions. 2020 Contribution limits:

- **401(k):** $19,500 (additional $6,500 catch up for 50+ years old)
- **SIMPLE:** $13,500

*by Daniel P. Lash, CFP®, AIF®
IRA: $6,000 ($1,000 catch up for 50+ years old)  
SEP IRA: 25% of income up to $56,000

**Increase Your Savings**—If you are not already maximizing your 401(k) contributions, consider increasing the amount you are contributing by 1% a year until you do. 1% won’t make a big difference in your paycheck but can boost your retirement savings in the long run.

**Estate Planning**

**Review Beneficiaries**—Double-check that changes or updates are not needed on your accounts. It’s all too common to leave an ex-spouse, for example, assigned accidentally.

**Review Estate Plan**—Ensure your overall estate plan, including your will, trust and health care power of attorney, are current.

**Review Insurance Policies**—Review your home, auto and life insurance policies to determine if you have enough coverage or if deductibles need to be adjusted.

**Give Gifts**—You can give someone up to $15,000 per year and it won’t impact your lifetime estate tax exemption amount. Couples can double this amount to $30,000 if they file for joint gifting.

**College Planning**

**Medical**—Have your adult child sign a Medical Directive in the event a major health issue happens at college.

**College Funding**—Open and fund a 529 account or make contributions if you have a 529 currently.

**Track Expenses**—Keep record of all college expenses and reimburse from 529.

**Plan Strategically**—Consider contributing money to 529 plan before paying college directly for state tax deduction.

**Plan for Life Events**—A job change, home or car purchase, surgery or other life event requires financially planning ahead, if possible.

**Establish a Financial Plan**—It is tough to know if you are making smart financial choices if you are not making them with respect to achieving your specific financial goals. If you don’t have a financial plan to serve as the basis of your financial decision-making, it is a good idea to get one.

The most important decision you can make as the year comes to a close is to speak with a financial professional to ensure everything is in order with your overall financial situation. There is still time left in the year to take action if needed, but time is running out.

**Daniel P. Lash, CFP®, AIF®**

is a partner at VLP Financial Advisors and the former President of the National Capital Area Chapter of the Financial Planning Association (FPA). He believes that strategic planning is the key to creating, protecting, and growing wealth. Visit VLP Financial Advisors online at: www.vlpfa.com.

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*Converting from a traditional IRA to a Roth IRA is a taxable event. A Roth IRA offers tax free withdrawals on taxable contributions. To qualify for the tax-free and penalty-free withdrawal or earnings, a Roth IRA must be in place for at least five tax years, and the distribution must take place after age 59½ or due to death, disability, or a first time home purchase (up to a $10,000 lifetime maximum). Depending on state law, Roth IRA distributions may be subject to state taxes.

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Meet the Staff:

Mercedes Kamencik

By Amanda Scarangella

Communication. Teamwork. Positive feedback. Those words describe Mercedes Kamencik. Between her work ethic and these guiding principles, Mercedes has achieved success working first on Phase 1 and now on Phase 2 of the Dulles Corridor Metrorail Project, best known as the Silver Line Metrorail extension being built by the Metropolitan Washington Airports Authority.

Officially, her role is Construction Specialist working for Jacobs Engineering and contracted to the Silver Line project. Kamencik certainly has her hands full as the project owner’s representative in the field, focusing on the Spring Hill Station during Phase 1 and now completing the Dulles Airport Station on Phase 2. The responsibility of communicating and coordinating with the multiple contractors, sub-contractors, government agencies and jurisdictions onsite falls to her.

"While working with multiple teams on-site presents potential challenges, I’ve found that by establishing open lines of communication early in the process, it creates a smooth workflow and avoids any disturbances to the construction being performed," said Kamencik, who heads construction oversight on the Silver Line.

She keeps the different teams working together at a steady pace, resolving problems as a united front, and building strong internal communications. She emphasizes the owner-contractor common goal of delivering a safe, dependable and durable rail extension to be turned over to the Washington Metropolitan Area Transit Authority.

="The previous work experience Mercedes brought with her to the project team has been a great benefit for all of us," said John Kearney, Construction Manager on the Dulles Corridor Metrorail Project. “Due to her vast experience on Phase 1, Mercedes was chosen to oversee the most unique station on Phase Two, Dulles Airport Station, which required a constant, high level of oversight to help all involved to maintain the appearance of the Airport and access for the patrons during rail construction”

Starting her educational journey at Milwaukee School of Engineering, Mercedes soon realized her heart was still set on home in Maryland. Returning to finish her associates’ degree at Montgomery College, she went on to the University of Maryland Eastern Shore where she earned a bachelor’s degree in construction management.

Kamencik has been employed full time since she was 20 and worked her way through college, managing to balance career and educational goals with success.

No stranger to hard work, she dedicates herself to achieving her professional goals with incredible passion and efficacy. Now after 17 years in the industry, it is no surprise to learn that Mercedes is currently one of the youngest people on the Silver Line job.

She brings with her a variety of knowledge and experience from her previous role as an assistant project manager overseeing commercial real estate sites such as office buildings.

She’s definitely won the respect of those with whom she interacts including John Kearney who has served as her supervisor on Phase 1 and now on Phase 2 of the Silver Line.

She’s also a walking expert on the Dulles Airport Station, which sits on top of an aerial guideway across the parking bowl from the Airport terminal. She readily provides answers to complex questions not only for construction crews but also visitors on the project.

Her many experiences not only have benefited her professional growth, but have helped her team’s interns along the way. As a mentor, she approaches her role with a balance of gravity and amicability, imparting important lessons on and building positive experiences for her young teammates.

“When we have interns here in the field, I always stress that while everyone may be working on different teams – owner, contractor or whoever—for the project, we still have a common goal to get the project done safely, efficiently and on time,” she said.

Her associates refer to her as an exemplary role model, especially for young women in the construction and engineering industry, and they praise her teamwork and open communication strategies as the keys to her success.

By far, Kamencik says the multi-billion-dollar Silver Line is her favorite construction project. She enjoys the challenges and rewards of working on one of the largest transportation projects in the country. She says she’s been awed by how many agencies, jurisdictions and stakeholders work with and support each other to achieve a common goal: connecting Dulles Airport and Loudoun County to the region via the Silver Line."
Newly Installed Glass Panels at Dulles Airport Station

The main terminal at Dulles International Airport is reflected in these newly installed glass panels at Dulles Airport Station, one of six Silver Line Phase 2 stations expected to open next summer. The glass panels will create a windscreen for riders on the Metrorail platform and mimics the Eero Saarinen-designed main terminal. About 25 percent of the 162 panels that will comprise the windscreen have been installed by crews working 10-hours shifts, four days a week. The installation should be complete by the end of October, weather permitting.

Photo courtesy of the Dulles Corridor Metrorail Project

Ongoing glass installation work on Phase 2 of the Silver Line extension at the Dulles Airport Station.

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Real estate isn’t the only passion the family shares; Dean and his sons also play music together. Submitting as the Yeonas Brothers, their band recently won NVAR’s Centennial Battle of the Bands in July, which commemorated the kickoff to NVAR’s 100th year anniversary in 2021. The event represented bringing together past, present and future—so it was fitting that the Yeonas band would win the competition and NVAR would learn of their story.

Throughout the years, changes in leaders, laws, contracts and technologies have come along as quickly as paint-color trends, but Realtors® like the Yeonas family continue to help people find the American Dream—an invaluable service that will never go out of style.

Kate O’Toole is the NVAR digital content manager & senior editor.
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